

Xi

TRAINER

POWER STRENGTH offers one of the most versatile strength training systems available...
The **Xi TRAINER**.

This full commercial unit offers users total freedom to define the path of motion when performing strength, conditioning, and rehabilitation exercises.



SPECIFICATIONS:

Dimensions

Width (back).....	43"
Width (front).....	95"
Length.....	65"
Height.....	86.50"
Weight Stack.....	200lb.

Arms adjust in both vertical and horizontal planes.

Dual pulley head design allows for better cable tracking.

- Extremely compact footprint and space efficient modern design.
- Ideal for true life sports performance training such as simulating a tennis or golf swing.
- Users can train their whole body with endless exercises on one machine.

The Possibilities Are Endless!

